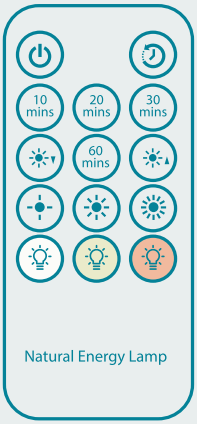
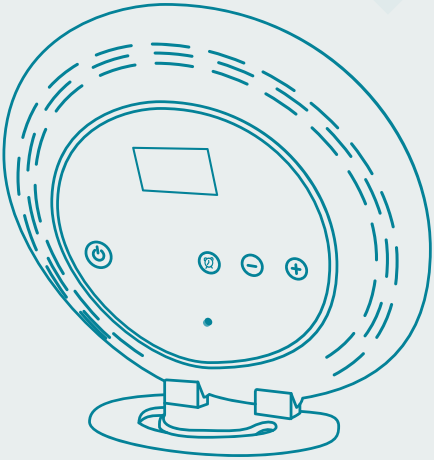
OSALIS
Health & Wellbeing



## INSTRUCTIONS

1. Plug the power cord in the input port on the back of your lamp.
2. Switch the lamp on by either pressing the power button on the remote control or the back of the device.
3. To set the timer, press the timer button before selecting your desired time. (10, 20, 30 or 60 mins)
4. To adjust brightness, press to decrease or to increase. Alternatively, select low, medium, or high brightness.
5. Use the buttons to select the colour temperature.
6. To switch off the lamp, simply press the power button and unplug the power cord before storing your lamp away.

## WARNINGS AND PRECAUTIONS

- Do not use with a power supply voltage other than 100-240 VAC.
- Do not operate device near water, flammable or combustible vapours, such as aerosol spray products, or where oxygen is being administered.
- Avoid placing in areas that are exposed to direct sunlight or close to heat radiating products such as heaters.
- Child supervision is recommended. This lamp contains small parts which could pose a choking hazard.
- Do not shorten or cut the power cord.
- Use with caution if you experience light sensitivity or have a pre-existing eye condition. Discontinue use if you experience discomfort. Certain medications (e.g. anti-depressants) may induce light sensitivity which can result in discomfort or hyperactivity. Consult with your healthcare provider before use.

OSALIS
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