

## Instructions for use

### 1 Preparing for the test

Before opening the foil pouch, find a suitable clean container in which to collect your urine.

### 2 Collect a sample of urine and then open the foil pouch



- 2a** Collect a urine sample in your chosen container. Ensure that the container is clean and dry. Contamination with cleaning products or other substances may yield false results or render the test invalid.



- 2b** Open one of the foil pouches at the notch provided and take out the test strip. **IMPORTANT:** Do not touch the test fields. Dispose of the desiccant unopened with your household waste.

### 3 Collect a sample of urine and then open the foil pouch



- 3a** Dip the test strip in the urine sample, making sure that all three test fields are immersed for about two seconds.



- 3b** Then remove the test strip and wipe off any surplus urine against the rim of the container.



### 4 Wait for the result to appear

Place the test strip horizontally on the opened foil pack for 60 seconds so as to avoid spilling any urine on any other surfaces. **THIS IS A HOME TEST, NO NEED TO SEND THE SAMPLE OFF FOR RESULTS.**

### 5 Reading the result

After waiting 60 seconds, check your result promptly by comparing the test fields with the colours shown below. The results for leukocytes, nitrite and protein should all be checked within the next 60 seconds. Any discoloration at the end of the test fields or appearing after more than a total of 2 minutes should be ignored.



Protein	Nitrite	Leukocytes	
			<b>Positive</b> There are different shades of the colours possible.
			<b>Negative</b>

#### Leukocytes

If the colour of the test field has not changed or remained yellow, then no leukocytes have been detected in your urine (negative result for leukocytes).

If the colour of the test field has changed to purple, then leukocytes have been found in your urine (positive result for leukocytes).

#### Nitrite

If the colour of the test field has not changed or remained white, then no nitrite has been detected in your urine (negative result for nitrite).

If the colour of the test field has changed to pink, then nitrite has been found in your urine (positive result for nitrite).

#### Protein

If the colour of the test field has not changed or remained yellow, then no protein has been detected in your urine (negative result for protein).

If the colour of the test field has changed to green, then protein has been found in your urine (positive result for protein).

#### What should I do if my test result is positive?

Remember that a positive result does not mean that all three substances have been detected in your urine. Even if your result is positive for just one of them, it is most likely that something is wrong with your urine, even if the reason may not be a urinary infection. Get in touch promptly with your own doctor, who will be able to give a more accurate diagnosis. When you visit your doctor, please take these instructions with you so that he/she will be better informed as to the type of test you have performed.

#### What should I do if my test result is negative?

Remember that your test result is only negative if the result on the test field for all three substances is negative. But if you still feel the signs of a UTI or have any other symptoms, then contact your own doctor to arrange a more thorough examination.