

# Multi-Gyn® VAGINAL DOUCHE AND TABLETS

Multi-Gyn

## Multi-Gyn Vaginal Douche

### Product features

- is woman-friendly, ergonomic and can be used in any desired position
- is ideal for an intensive vaginal hygiene, in the prevention of vaginal infections and discomforts
- has an optimal flushing effect because the fluid leaves the applicator side ways as well as forward
- the special membrane prevents back-suction of the douching fluid. It also prevents excessive flushing pressure
- the smooth applicator in combination with the flexible application angle of the squeeze bottle ensure optimal user-comfort
- perfect for use in combination with Multi-Gyn Tablets but can also be used with other douching fluids

### The design

The Multi-Gyn Vaginal Douche is a European registered, ergonomic design. Because of the uniqueness of design and functionality, it is the only vaginal douche that has obtained the status of Medical Device Class 1.

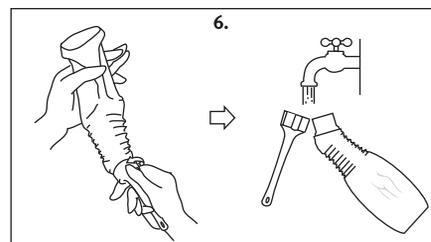
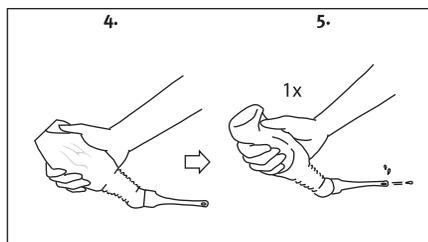
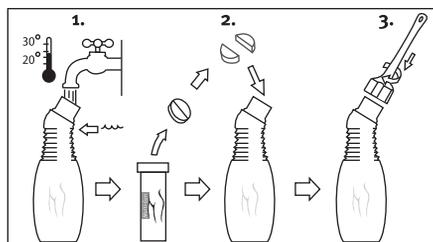
The Multi-Gyn Vaginal Douche consists of a practical squeeze bottle with a flexible bottleneck. A smoothly rounded applicator with built-in silicon valve is placed on the bottle. The bottle can easily be squeezed with one hand.

Because of the special silicon valve, the douche can only flush and not suck the fluid back in from the vagina. Moreover, no pressure can be built up in the vagina, making the use of this product absolutely safe.

### Application

- For general vaginal hygiene.
- Intensive vaginal hygiene in case of excessive discharge, unpleasant smell or color of the discharge, itch, irritation and burning sensation.
- For the prevention of vaginal infections and the support of the treatment of fungal (yeast) as well as bacterial infections.

Good and above all, proper vaginal hygiene is important for a healthy vagina; in particular when sexually active, during menstruation and in case of vaginal discomforts and/or infection. With douching the remains of cell material and discharge that are accumulated in the bulges next to the cervix are flushed away and the cervix is also cleansed.



### Directions of use;

This vaginal douche can be used in various positions; sitting on the toilet, lying down in the bath tub or standing under the shower. It is important that the douching fluid can flush away freely during douching. Find yourself the most comfortable way to douche.

1. Add luke warm water up to the top of the ribs
2. Break the Multi-Gyn Tablet and put it in the bottle
3. Screw the applicator on the bottle and wait until the tablet has dissolved and stops fizzing.
4. Bring the applicator gently into the vagina, in the most comfortable position of choice.

5. Squeeze the bottle 1 x gently and fully to cleanse the vagina with the douching fluid. The bottle does not need to be completely emptied.
6. Rinse the bottle and applicator clean with warm water.

In case of vaginal infection, also the harmful micro-organisms are flushed out together with the cell debris.

The Multi-Gyn vaginal douche is a medical device class 1 for the prevention of vaginal infections such as bacterial - and fungal infections, and for the support of the treatment thereof.

### Frequency

The frequency of douching depends on the individual condition of the vagina (some women are more susceptible to discomforts than others), the life style, (unprotected) sexual activity, the menstruation etc.

For a good vaginal hygiene it is usually sufficient to use the Multi-Gyn Vaginal Douche 1 x per week.

When there is a need for extra vaginal hygiene e.g. after menstruation or for the prevention of vaginal discomfort, 3 x per week douching frequency will be sufficient (once every other day).

For the relief of vaginal problems and for the support of the treatment of a vaginal infection it is advisable to douche 2 x per day during 5 days.

*In case of persistent complaints, always contact a physician.*

### Multi-Gyn Vaginal Douche and pregnancy.

As far as known the Multi-Gyn Vaginal Douche can be used safely during a normal pregnancy. Especially the fact that with this unique and registered design there is no pressure built up in the vagina, is very important for its safety. When you wish to become pregnant, it is advised not to use the vaginal douche until at least one day after sexual intercourse. A vaginal douche cannot be used as a contraceptive measure.

### Attention.

The Multi-Gyn Vaginal Douche should never be boiled or put in boiling hot water, because it will be deformed beyond repair. When you wish to disinfect the douche, rinse with diluted chlorine. When the ribs of the bottle get dirty, we advise to use an old toothbrush to clean it.

**Manufactured by:**  
BioClin BV, Delftechpark 55, 2628 XJ Delft, The Netherlands.



## Multi-Gyn Tablets

### Product features

- Ready dosage; 1 tablet for 1 flushing fluid with the Multi-Gyn Vaginal Douche
- Natural ingredients and no preservatives nor perfume
- Supports growth of lactobacilli and optimizes the natural condition of the vagina
- Small packaging in tablet tube; easy and discreet
- Safe and without any harmful side effects

In combination with the Multi-Gyn Vaginal Douche the effervescent tablets offer an optimal intimate hygiene for the prevention of vaginal infections and discomforts such as itch, irritation, burning sensation and excessive discharge and/or odor.

### Safe cleansing with natural ingredients

These concentrated effervescent tablets consist of natural ingredients and no preservatives. A (concentrated) liquid douching product generally needs preservation. This is detrimental for the growth of the useful vaginal lactobacilli and the natural condition of the vagina. With Multi-Gyn Tablets a perfect douching fluid is made for safe and efficient cleansing of the vagina. Multi-Gyn Tablets contain ingredients that support growth of lactobacilli and the extract of the Aloe plant that optimizes the condition of the tissues. Multi-Gyn Tablets are best used in combination with the Multi-Gyn Vaginal Douche (a medical device Class 1) for an optimal intimate hygiene, for the prevention and for the support of the treatment of vaginal infections; both fungal (yeast) as well as bacterial infections.

### Ingredients

Sodium Bicarbonate, Citric Acid, Aloe Barbadensis (Aloe Vera) Powder, Lactose, Ascorbic Acid.

### Pregnancy and lactation

A douching fluid made with Multi-Gyn Tablets can be used without any problem during pregnancy and lactation

### Indications

- For general vaginal hygiene.
- For the relief of excessive discharge, unpleasant smell or color of the discharge, itch, irritation and burning.
- For the prevention of vaginal infections and for the support of the treatment of fungal and bacterial infection.

### Dosage;

Apply internally with Multi-Gyn Vaginal Douche. Dissolve one Multi-Gyn Tablet in the douching bottle with luke warm water. Attach the applicator to the douching bottle and insert the applicator into the vagina. By squeezing the douching bottle gently and completely the vagina is cleansed with the fluid.

*In case of persistent complaints, always contact a physician.*

### Qualities

- Helps to prevent unpleasant odor and to normalize excessive discharge
- Helps to prevent vaginal problems and supports the treatment of a vaginal infection such as a fungal or bacterial infection
- Supports the growth of Lactobacilli and optimizes the natural condition of the vagina.

### Side effects

Multi-Gyn Tablets do not have any harmful side effects.

The product does not contain hormones, preservatives, perfume or toxic substances.

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www.multi-gyn.com

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