COLLAGENIUS®

EMS FACIAL TONER with LED Light Therapy



USER MANUAL

Please read this manual carefully, keeping it for future reference.

WELCOME

Thank you for choosing Collagenius®. Please read through this manual carefully before using the Collagenius® EMS Facial Toner with LED Light Therapy. This revolutionary skincare device will transform your skin with three different light therapies and using electronic muscle stimulation (EMS). Your toner works to provide skin brightening, collagen regeneration, skin firming, and contoured cheekbones. It can also be used to treat and prevent a variety of skin problems.



LED light therapy is a way of optimising the condition of your skin in a far more effective way than creams or lotions can, by penetrating deep into your skin's layers. Each colour of LED light reaches a different layer of the skin, treating different dermatological conditions.

Collagen is one of the most important proteins in your body, helping keep your skin firm, supple and fresh looking. As we age, the level of collagen produced by the body begins to decrease, causing wrinkles, sagging, and slow healing. Collagen creams cannot penetrate your skin enough to make a real difference, while cosmetic fillers are temporary, painful and expensive. The LED light used by Collagenius® reaches deep into the layers of your skin, below the fat and epidermis. It directly stimulates the fibroblast cells that create collagen, gently increasing your body's natural supply!

INTRODUCING ELECTRONIC MUSCLE STIMULATION (EMS)

The Collagenius® EMS Facial Toner with LED Light Therapy uses electronic muscle stimulation (EMS) to apply tiny electrical currents to stimulate, tone and tighten your facial muscles. It's a workout for your face without the hard work!

Top tip: Use Collagenius® Toning Conductive Gel to enhance the effectiveness of the EMS facial toner!



WRINKLES



ACNE



AGE SPOTS



ROSACEA



SCARS



SUN DAMAGE

WHAT'S INCLUDED WITH YOUR COLLAGENIUS®



COLLAGENIUS® EMS FACIAL TONER WITH LED LIGHT THERAPY

USB CHARGING CABLE

USING YOUR COLLAGENIUS®

- 1. Wash and dry your face before use.
- Remove the protective cover from your Collagenius® EMS Facial Toner.
- 3. If using EMS therapy, enhance your results by applying a thin layer of the Collagenius® Toning Conductive Gel to the EMS electrodes.
- Turn on your device by choosing a light mode (red, blue, yellow or mixed - see pg. 5 and 6 for guidance) using the colour switch button.
- 5. To use EMS therapy, press the EMS intensity button to choose your level. Start with level 1, increasing intensity as is comfortable for you. We recommend a lower level for daily use and a higher intensity level for targeted use.
- 6. Gently massage the Collagenius® EMS Facial Toner head over your skin, moving in circles focusing on the areas shown below. Work each facial area for 30 seconds, ensuring that the Collagenius® EMS Facial Toner head always maintains contact with your skin.

PROTECT YOUR EYES FROM DIRECT CONTACT FROM THE LIGHTS

For targeted EMS therapy, follow steps A-F on page 7.

- Once you have finished your therapy, hold the colour switch button for 3 seconds to turn off your Collagenius® EMS Facial Toner.
- Wipe the Collagenius® Toning Conductive Gel off the EMS electrodes with a damp, clean cloth and reapply the protective cover before storing.
- 9. Wash, dry and moisturise your skin to finish your routine.



LIGHT THERAPY

RED LIGHT THERAPY

Red light therapy is a fantastic way to prolong the youthfulness of your skin without resorting to drastic measures like injections and surgery. The rays from a red light lamp can reach all the way down beneath your subcutaneous fat layer to stimulate the fibroblast cells. These cells produce the collagen and elastin that keeps skin firm, smooth and healthy. By using red light therapy on a regular basis, you can ensure that your body's store of collagen is always stocked up.

YELLOW LIGHT THERAPY

The use of yellow LED light therapy is fantastic for skin conditions like rosacea and sun damage. One of the more soothing forms of LED light, it reaches a point midway between the red and blue forms that make it excellent as part of a more general skincare routine. Using light therapy for skin is an excellent way to improve your complexion. It works even if you don't have a specific skin condition, as it is so good at smoothing and firming.

BLUE LIGHT THERAPY

Blue light therapy is able to reach the glands in your skin that produce sebum and sweat, reducing and preventing acne. Blue light also has a unique effect on the bacteria that cause acne. When the rays from blue light treatment strike these bacteria they are killed instantly, without any harm done to your skin. This is what makes using a blue light for acne so much better than creams and medications. It is far more effective without any of the drying, irritating side effects that other methods can have.

CHOOSING YOUR LIGHT THERAPY

ANTI-AGEING

Choose **red light therapy** to fight wrinkles and fine lines. It reaches a depth of 10mm into your skin; far enough to stimulate the fibroblast cells and create natural collagen in your body. This will create a natural looking plumping effect that lasts - far better than fillers!

SCARS

Red light therapy will also create extra cellular energy in your skin. This accelerates your skin's healing process by increasing circulation and lymph node activity. Your body can then flush out dead and damaged cells more quickly. This is followed by a boost in collagen production that will ensure scarring is minimised. It also reduces the redness of existing scars!

ACNE

Blue light therapy has excellent antibacterial properties that will instantly kill the germs that cause acne and blemishes. It is also able to reduce the production of sebum and sweat, so greasy skin will be a thing of the past! Blue light will prevent more spots from forming while improving the clarity, texture and smoothness of your skin.

ROSACEA

The red, sore skin that's characteristic of rosacea can be difficult to treat. Yellow light therapy is incredibly soothing and will help to ease any flare-ups. It reduces redness, decreases the appearance of blood vessels and soothes itching and burning.

SUN DAMAGE

Use all three colours of your Collagenius® EMS Facial Toner with LED Light Therapy to soothe and heal sun damaged skin.

By using a combination of **red**, **blue** and **yellow** light, you will help your skin to build new healthy cells. You'll see a reduction in wrinkles and age spots that reverses the damage the sun has done over the years.

CHOOSING YOUR EMS THERAPY

Regularly exercising the muscles in your face reduces wrinkles, brightens your complexion and promotes a healthy glow.

A. SMOOTH FORFHFAD WRINKI FS

Frown as hard as you can and gently use your Collagenius® to massage downwards from your hairline to your eyebrows. Then do the opposite; lift your eyebrows as high as possible and reverse the motion of your Collagenius®.

B. ALL EYES ON YOU

Use your Collagenius® to gently push upwards between the upper eyelid and eyebrow. For greater resistance, try to counteract the movement by pushing your eyebrows down.

C. CUT OUT CROW'S FEET

Relax the face. Gently use your Collagenius® to massage upwards around the eye, being careful not to get too close. Wear protective goggles if the light intrudes your vision.

D. PLUMP ROUND CHEEKS

Smile as widely as you can and gently use your Collagenius® to massage upwards into the folds between your nose and your lips.

E. BANISH JOWLS

Starting at the chin, firmly move your Collagenius® from under the jawline, to the top of it. Work your way towards your right ear, repeating the exercise on your left side.

F. TIGHT, YOUTHFUL NECK

Your neck often shows the first signs of ageing. To combat this, use your Collagenius® to gently push upwards on each side of your neck, moving slowly from the collarbone to the cheek area. Repeat equally on both sides of the neck.





Savantini House • Foster Street • Kingston Upon Hull HU8 8BT • Great Britain

Tel: 01482 888785

email: info@savantini.com www.stressnomore.co.uk

SAFFTY GUIDANCE AND TECHNICAL SPECIFICATIONS

- Do not use if you suffer from light sensitivity, photophobia, skin haemorrhages, vitiligo, or other severe skin diseases.
- · Do not use if you are pregnant.
- Avoid use while recovering from surgery or wounds.
- Do not use while taking allergy medication.
- · Keep out of reach of children.
- Check that all lights work before use.
- Only use your Collagenius® device with the supplied power adaptor.
- Avoid long-term use of the highest setting.
- Do not use the appliance near flammable substances.
- Store in a cool, dry place away from dust and water.
- Do not use near water or while bathing.
- Do not attempt to disassemble or repair the appliance.

Function	Skin brightening, collagen regeneration, anti- wrinkle and firming
Charging Time	2-2.5 hours
Weight	122g
Certification	CE ROHS
Rated Current	<1.2A
Rated Power	<5W
Material	PC, stainless steel
Product Size	165x55x43mm
Input Voltage	DC5V
Battery Capacity	800 mA
Parts Included	1 x Collagenius® EMS Facial Toner with LED Light Therapy 1 x USB Cable, 1 x User Manual
Intensity	4 levels