



Instructions for use





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## How the Rapport Classic Vacuum Therapy Device (V.T.D.) Works

An erection is created by means of a vacuum, which draws blood into the penis. The erection is maintained by placing a constriction ring at the base of the penis, which ensures that the blood remains in the penis until the ring is removed.

The constriction ring should be a snug, comfortable fit without being too tight.

The use of the Rapport Classic V.T.D. is not intended to replace your doctor's diagnosis of the underlying cause of your impotence, but to help achieve and maintain an erection. It is always best to discuss your individual problem with a doctor when using this treatment.

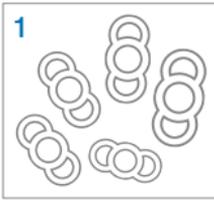
“ Studies have shown that by the use of vacuum devices, in excess of 80% of men are able to achieve a degree of penile tumescence sufficient to allow completion of sexual intercourse. ”

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Initially it may take some practice to familiarise yourself with the Rapport Classic V.T.D., so please take the time to read this instruction book, and to practice the technique of creating and maintaining your erection, before you attempt sexual intercourse.

An instruction DVD is available which shows a demonstration of the Rapport Classic V.T.D. being used to create an erection.

The Rapport Classic V.T.D. is a complete system with everything you need for immediate use. Inside the discreet storage bag you will find:



- 1** Five sizes of Rapport constriction rings. Five separately packaged and numbered rings, each a different size, from No. 4 the smallest up to No. 8 the largest. The centre ring is designed to encircle the base of the penis. The handles are for easy application and removal.



- 2** An easy to use Vacuum Pump which has a specially angled handle to make creating the erection simple. As a safety measure the vacuum pressure is controlled by a valve that will not allow the pressure to rise above 360mm of Hg. The vacuum pressure can be released at any time by pressing the pressure release valve on the top of the pump.



- 3** A loading cone to assist the mounting of the constriction rings onto the transfer sleeve.



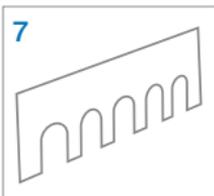
- 4** A penile tube in durable clear material, which attaches to the pump unit at one end and the transfer sleeve with the constriction ring at the other.



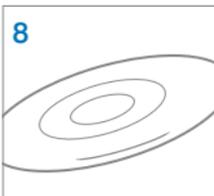
- 5** Two transfer sleeves which give a choice of internal diameter. Both are specially shaped to hold the constriction ring and make it easy to transfer it onto the base of the penis.



- 6** A tube of water soluble lubricating jelly. This helps to create the vacuum seal and prevents the penis from adhering to the penile tube.



- 7** A card ring sizing guide for easy selection of the correct size constriction ring can be found at the back of this book.



- 8** The instruction DVD shows how to put the Rapport Classic V.T.D. together and demonstrates how to create an erection.

## Warnings

Cautionary points on the use of vacuum therapy devices.

- Use only the minimum amount of vacuum necessary to achieve an erection and increase the amount of vacuum pressure slowly. This will prevent bruising.
- Stop drawing vacuum if pain occurs. Release the pressure with the pressure release valve.
- Caution is advised when using a vacuum pump following removal of a penile implant because of possible surgical scarring and subsequent impairment.
- Misuse of a vacuum pump may aggravate already existing medical conditions such as Peyronie's disease, priapism and urethral stricture.
- Use of the vacuum pump may bruise or cause rupture of the blood vessels immediately below the surface of the skin, which may produce haemorrhage or haematoma.
- Do not use the vacuum pump while under the influence of alcohol or drugs.
- **If any of the above problems occur, discontinue the use of the vacuum pump and consult your doctor.**
- The vacuum pump does not guard against pregnancy. We advise you to continue to use your usual form of contraception.

## Choosing the Correct Constriction Ring

One of the most important parts of the Rapport Classic V.T.D. is the constriction ring. The ring must encircle the penis and fit comfortably tight.

The constriction ring works by retaining the blood in the penis to maintain a firm erection.

Using the card ring sizing guide provided, place your flaccid (non erect) penis into the slots until you find one which fits the circumference of your penis. Each slot has a ring size marked above it which corresponds to the ring you require.

If the Rapport Classic V.T.D. gives you a good erection, and with the constriction ring on your penis, your erection decreases prematurely, you will need to try a ring one size smaller.

If in use the constriction ring seems too tight, next time use one size larger to see if it will maintain your erection.

Try different sizes until you are satisfied with their fit. There are five sizes to choose from.

## Choosing a Transfer Sleeve

There are two transfer sleeves provided with two internal diameters. Depending on the size of your penis you should choose which of the two is likely to be the most suitable. Remember that your erect penis will need to be withdrawn through the transfer sleeve.

The transfer sleeves are specially shaped so that the constriction ring can be easily loaded and held in the flat groove.

The unique shape also allows easy passage of the constriction ring off the transfer sleeve and onto the base of your penis.

Because the transfer sleeves are made of a soft material they help to make a good seal against your body to achieve the vacuum inside the penile tube which creates the erection.

## Fitting the Pump and the Penile Tube Together

The pump head has two small pegs each side above the O-ring; these should be positioned into the two grooves on the top of the penile tube.

The two parts are then locked together with a twist so that the two pegs slot down and locate at the lower end of the groove. (Fig. 1)

If these two parts are then locked together correctly it will ensure the unit is sealed tight enough to create a vacuum inside the penile tube. (Fig. 2)

## Mounting the Constriction Ring

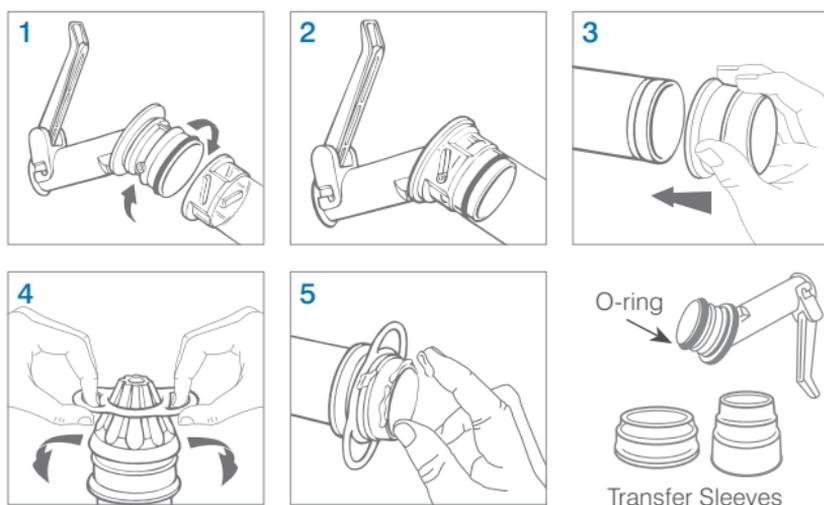
When you have selected the most suitable transfer sleeve place it firmly onto the clear end of the penile tube. (Fig. 3)

Fit the loading cone onto the transfer sleeve and apply a little water soluble lubricating jelly to the top of the cone.

Holding the constriction ring by the outer handles, simply stretch and pull the ring down the loading cone until it slips onto the transfer sleeve. Make sure that the constriction ring is located into the flat groove at the centre of the transfer sleeve. (Fig. 4)

The constriction ring is now mounted and ready for use.

Before using the Rapport Classic V.T.D. make sure you use the water soluble lubricating jelly to lubricate the end of the transfer sleeve. Also lightly lubricate the penis to prevent it from sticking to the inside of the penile tube during insertion or while using the pump. (Fig. 5)



## Using the Pump to Create an Erection

- 1 Insert the penis into the penile tube and apply slight pressure to seal the transfer sleeve against your body at the base of the penis, to ensure a vacuum will be created. (Fig. 6)

Make sure the constriction ring on the transfer sleeve is in the correct position with the handles to the top and bottom.

Steady the tube with one hand to prevent any jerky movements and squeeze and release the pump handle with the other hand. This works the pump to create the vacuum necessary. (Fig. 7)

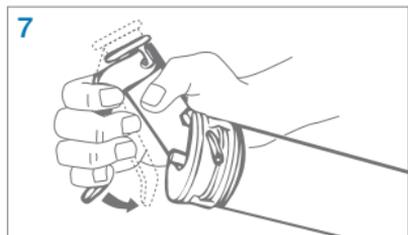
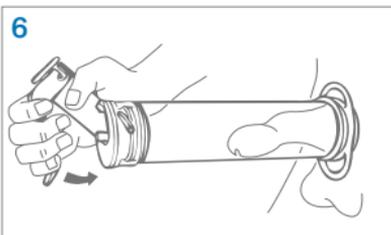
You may find that creating the erection will be easier and more comfortable if you stand up to use the pump. You can always steady the tube by placing it on a flat surface such as a table.

If you are unsteady when standing up, create the erection sitting down on the edge of a chair.

- 2 Continue pumping slowly to create the erection. If you feel any pain stop pumping and press the pressure release button on the pump to eliminate the vacuum. Contact your doctor.

**Please take care not to pump too fast as this may bruise or cause a rupture of the blood vessels immediately below the surface of the skin.**

- 3 **NOTE:** For your safety the vacuum pump is automatically released through the release valve at a pressure higher than 360mm of Hg.



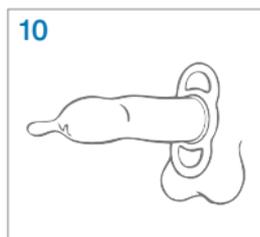
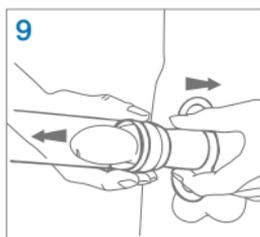
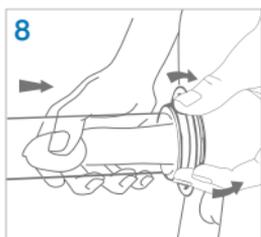
- 4** When the desired erection has been achieved, continue to hold the tube tightly against your body. Hold the tube with one hand, still pushing it against your body and with the fingers of the other hand, ease the constriction ring off the transfer sleeve and onto the base of your penis. Always position the constriction ring with the handles to the top and bottom while on the base of your penis. (Fig. 8)

Because of the special shape of the transfer sleeve, when the constriction ring is eased out of the flat groove it will then slip easily off the transfer sleeve and onto your penis.

Some vacuum pressure may be lost during this transfer, but you will still need to press the release valve to lower the vacuum pressure to enable you to remove the penile tube. (Fig. 9)

If you find the placing of the constriction ring onto your penis difficult try releasing a little of the vacuum by pushing the penile tube away from your body slightly then rolling the constriction ring off the transfer sleeve.

- 5** With a constriction ring in place, a lasting erection should now be maintained and sexual intercourse can be accomplished.
- 6 NOTE:** If a condom is to be worn, it should be put on as a last step. Do not wear a condom during the vacuum process. (Fig. 10)
- 7** To remove the constriction ring after intercourse, simply grasp the outer handles to stretch the central ring. As the blood is released from the penis it will decrease in size and the ring may be easily removed.



# Cleaning Instructions and Care of your Rapport Classic V.T.D.

## 1 The Constriction Rings

After each use, the constriction ring should be washed with mild soap in warm water, rinsed well and dried thoroughly. Return the ring to its bag.

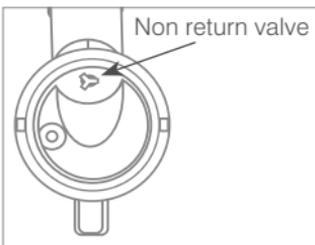
Make sure you only use water soluble lubricating jelly with the constriction rings. Your rings should last for longer if cared for properly.

## 2 The Penile Tube and Transfer Sleeve

After each use, the penile tube and transfer sleeve should be washed thoroughly with a mild soap in warm water. Rinse and dry well before replacing them into the carrying bag.

## 3 The Vacuum Pump

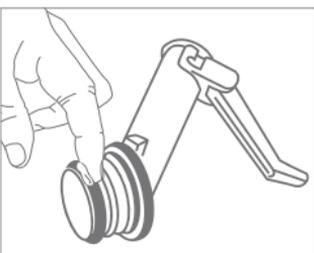
Very little maintenance is needed for the vacuum pump, but we recommend that you occasionally wipe the vacuum pump with a damp cloth to remove any dirt or lubrication. **Do not immerse the vacuum pump in water, as this may cause handle to stick and it will not be possible to create a vacuum.**



Please take care when wiping the underside of your vacuum pump as the non return valve (3 pronged rubber valve) can be pushed into the piston chamber with only a slight force. **If this valve is not in position, no vacuum will be achieved.**

It will be necessary from time to time to lubricate the O-ring on the pump head, particularly if you are finding it difficult to attach or remove the pump head to and from the penile tube.

After cleaning the pump head apply a little petroleum jelly to the O-ring (the coloured band) making sure you smear the lubricant all the way around the O-ring. This will ensure a total seal between the pump head and the penile tube and maintain the vacuum inside the penile tube.



**NOTE:** This lubrication of the O-ring with petroleum jelly is the **ONLY** use of petroleum jelly.

Do not allow petroleum jelly to come in contact with the constriction rings as it could damage them.

## Some Special Points to Remember

We recommend that the first few times you use the Rapport Classic V.T.D. you do not make the penis any harder than necessary. The penis may not be used to that amount of pressure, size and hardness. Increase the firmness of your erection gradually.

Remember if you experience any pain when you use the vacuum pump to create an erection, lower the vacuum pressure immediately by pressing the release valve.

Be sure to start by using a larger size constriction ring to ensure that the constriction on the penis is no more than necessary.

If your erection does not stay firm and hard the constriction ring may be too large and not enough blood is staying in the penis. Use the next size smaller.

If you feel some pain with the constriction ring on your penis you may be using a constriction ring that is too small. Use the next size larger.

If the smallest constriction ring does not maintain your erection, try using two constriction rings together. You can wear any two rings together if it helps to maintain your erection.

To prevent any tangling of the constriction ring in the pubic hair, you can use a little water soluble lubricating jelly in the hair before placing the constriction ring on the base of your penis.

Alternatively you may wish to remove the pubic hair for 1/2 – 1 inch around the base of the penis to prevent any painful tangling of the constriction ring in the pubic hair.

Always position the constriction ring with the handles to the top and bottom while on the base of your penis.

Remember the penis will stay erect until the constriction ring is removed. This **MUST** be done within 30 minutes. **NEVER WEAR THE CONSTRICTION RING FOR MORE THAN 30 MINUTES.**

You can obtain a second erection, but you must make sure you wait at least 60 minutes for the blood supply to return fully to the penis. After that repeat the process of creating an erection.

Most importantly remember **PRACTICE MAKES PERFECT.**

## Safety Precautions

**NEVER WEAR THE CONSTRICTION RING FOR MORE THAN 30 MINUTES.**

**DO NOT** risk falling asleep while wearing a constriction ring.

**DO NOT** wear the constriction ring while under the influence of drugs or alcohol.

Owen Mumford will not be liable for any misuse of this product.

## Troubleshooting Guide

<b>Problem</b>	<b>Likely cause</b>
<b>No erection / partial erection</b>	No vacuum because:
	Air leak between vacuum device and body
	Air leak caused by vacuum device
	Sticking handle
	Non return valve on your vacuum pump has been pushed into the piston chamber
<b>Premature loss of erection</b>	Constriction ring too large
<b>Pain in the penis</b>	This can occur when the vacuum pressure is applied
<b>Redness or bruising</b>	Pumping too rapidly/ too much vacuum
<b>Discomfort or pain from constriction ring</b>	Constriction ring too small

**Should you have any questions or require any further assistance or advice, please contact your healthcare professional or the Owen Mumford impotence care line on 0845 6000 848.**

	<b>Remedy</b>
	To create an airtight seal it may be necessary to trim pubic hair and use more lubricating jelly.
	Use petroleum jelly to the O-ring (the coloured band) to ensure the total seal between the pump head and the penile tube. Check that pump and penile tube are locked together correctly.
	The vacuum pump has been immersed in water. Allow at least 24 hours to dry. Please do not immerse the vacuum pump in water. Clean as instructed.
	Place the valve into position. Please take care when wiping the underside of your vacuum pump.
	Try a constriction ring one size smaller. If the smallest constriction ring does not maintain your erection, try using two constriction rings together. You can wear any two rings together if it helps to maintain your erection.
	If this happens, stop pumping immediately and release the pressure using the pressure release valve. Consult your doctor before using the device again.
	If this occurs, consult your doctor before using the device again.
	Use a larger constriction ring.

## Warranty

This warranty is offered to you as a purchaser (“**you**”) by the Owen Mumford entity whose details are set out on the relevant device packaging (“**we**” or “**us**”). You cannot transfer this warranty to anyone else. This warranty is in addition to, and does not affect, your rights as a consumer or purchaser under the laws of your country.

This warranty applies for twelve months from the date of purchase (the “**warranty period**”).

If the device is or becomes materially defective during the warranty period, please notify us providing details of the defect and we will provide you with a replacement device. Subject to the laws of your country, we shall have no further liability to you after we have provided you with a replacement device.

When you contact us, we may ask you for details of the batch number or other form of identification of the device in order for us to further investigate the defect. We may also ask you to return the device and any provision of a replacement device is subject to us receiving the defective device from you.

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This warranty will not apply to defects which are attributable to:

- fair wear and tear;
- handling, storage or use of the device other than in accordance with our instructions, or improper handling, storage or use of the device; or
- damage or breakage caused by accident or by external causes beyond our control.

## Warranty

**Rapport Classic™**  
**Erectile Dysfunction Management**  
**Code No: SM2000**

Please keep the information on this form safe to assist in any communication with us regarding the device you have purchased.

Date of Manufacture .....

Lot Number .....

Date of Purchase .....



# R I N G S I Z I N G G U I D E

Select a slot which fits firmly around the base of your flacid (non erect) penis (closest to your body). Try the largest size first.

4

5

6

7

8

Made in England by



# OWEN MUMFORD

Making a World of Difference



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