L12174 0321

Batch no.:

BBE:

Food Supplements should not be used as a substitute for a diversified diet.

Storage: Store in a cool, dry place away from direct sunlight.



OSALIS

Osalis, Savantini House, Foster Street, Kingston-upon-Hull, United Kingdom HU8 8BT. email: sales@stressnomore.co.uk www.stressnomore.co.uk



Lid and jar recyclable with household waste in most areas - check locally.



MAGNESIUM

300mg

- + Helps to reduce muscle cramps & PMS symptoms
- + Helps relieve constipation
- + Helps reduce anxiety & fatique





90 tablets

NUTRITIONAL INFORMATION

Magnesium 300mg tablet x 90 Serving Size: 1 tablet - 90 Servings

*Nutrient Reference Values

Each Serving Contains | %NRV* Magnesium 300mg

INGREDIENTS: Magnesium Oxide, Bulking Agents: (Microcrystalline Cellulose, Maltodextrin), Modified Maize Starch, Anti-caking Agent: (Magnesium Stearate).

DIRECTIONS: Take 1 tablet daily with water. Do not exceed the stated dose. If you are pregnant, breastfeeding, taking prescription medication or under medical supervision it is advisable to contact a GP prior to taking any supplements. This product is not intended to treat, cure or prevent any diseases. Discontinue use and consult a GP if adverse reactions occur. Not suitable for persons under the age of 12. Keep out of reach of children. Do not use if the seal is broken or damaged.