

Dribblestop™

Male Urinary Incontinence Clamp

OPERATING INSTRUCTIONS

(For best results please read all instructions.)

Each kit contains two clamps and extra links. It is important to alternate the clamps on a daily basis to allow the memory foam to regain its shape and size for optimum performance.

The clamp is comprised of two plastic arms and links for size adjustment. Both upper and lower arms are lined with medical-approved, closed-cell foam padding that will not absorb liquid and are easy to keep clean. Simply wash the clamp with soap and warm water, rinse and towel dry.

The **upper arm has a long latching notch and is marked in red** to identify the fastening and releasing end of the device. This end is designed so the clamp is easy to open and close, and does not snap together. **The opposite end is the secure fixed end which snaps together.**

The **lower arm** is lined with foam padding which puts pressure on the underside of the penis and closes off the urethra to stop the flow of urine. Since the clamp does not put pressure on the sides of the penis, blood circulation is unrestricted.

If you are lacking the natural urge to relieve yourself, it is advisable to release the clamp every two to three hours to avoid overfilling the bladder. To guard against accidental leakage that may occur if the clamp is positioned incorrectly or if activities involve lifting or straining, it is recommended you also wear a pad.

SELECTING A CLAMP SIZE

Both clamps are pre-sized for a medium fit. To adjust to a smaller or larger size refer to the instructions and diagrams to the right. **For easy insertion of the link into the notch on the fixed end, hold the link vertically and push straight down into the notch, or slide the link in from the side.** Refer to the following instructions for proper positioning and care of your clamps. Remember, the goal is a comfortable fit with only slight pressure on the penis.

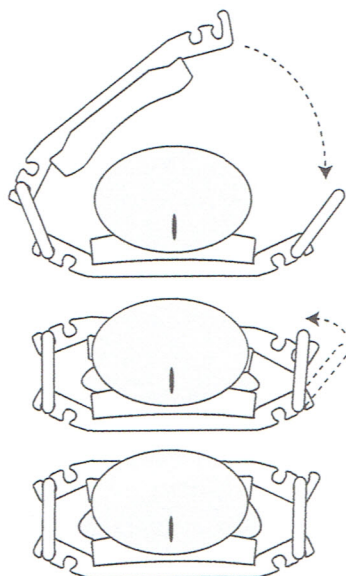
POSITIONING THE CLAMP

Circumcised: Wear the clamp directly behind the head of the penis.

Uncircumcised: Or have extra loose penile skin? The natural tendency of this loose skin is to move forward on the penis, so pull any loose skin over the head of the penis before positioning the clamp. This will prevent the skin from moving down the penis and taking the clamp with it. This method will also work if you are slightly overweight, as it will prevent the clamp from being displaced by pressure from the base of the penis.

1. Place the open clamp ½ inch behind the head of the penis; position the penis in the middle of the **bottom clamp arm**.
2. Holding the clamp in place, pull the **top clamp arm** over and across the penis. This latch (fasten and release) end with the red notches should now be on the top and centered over the penis. Hook the link into the latch end; the clamp is now in the closed position.

Make sure the penis is centered in the clamp.



3. To prevent the penis from slipping to the side (which may cause leakage), avoid using links more than one size difference on alternating ends of the clamp. For example: use a small link on one end and a small link on the other end, or small with medium but avoid small with large.

4. With the extra links provided both clamps can be adjusted to the exact same size.

5. Alternate the clamps daily.

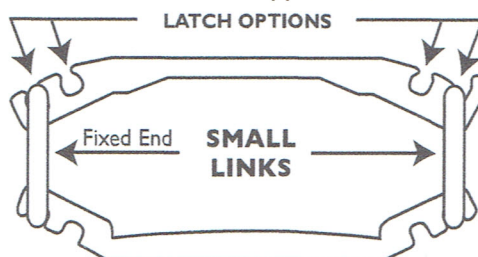
6. Keep the genital area clean to prevent irritation.

If you are aware the clamp is on, either by uncomfortable pressure or slight pain, then the clamp is too tight. Check that a wrinkle is not present in the penile skin as this will also cause discomfort. The proper fit will feel comfortable and urine leakage should stop. When the urge comes to pass urine, simply undo the latch leaving the clamp in place; when finished secure the latch.

The following clamp diagrams show size options available using only the outer notches. Smaller sizes can be obtained using the inner notches. Mix and match link sizes only up to one link size difference between ends, to obtain larger and smaller $\frac{1}{2}$ sizes. Both clamps in the kit are pre-sized for a medium fit.

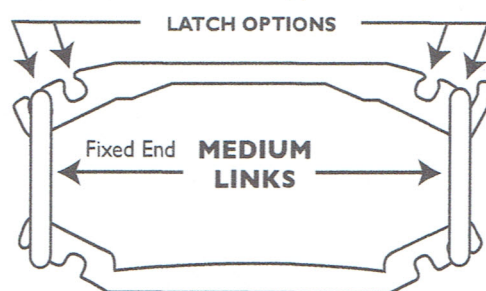
SMALL

Use small link on fixed end, and close with small link on opposite end.



MEDIUM

Use medium link on fixed end, and close with medium link on opposite end.



LARGE

Use large link on fixed end, and close with large link on opposite end.

