

How to use Rapport™ Premier

1. First of all, you need to find a ring that suits you best. To begin with, it is better to use size number 24 and to attach the ring to the open end of the penile tube. Then by pressing the lip of the ring against the edge of the tube you will be able to form an airtight seal (*fig. 1*).

2. Apply a sufficient amount of water soluble lubricating jelly around the inside rim of the ring and to the penis (this will ensure that the penis slides quickly and smoothly through the ring and does not stick to the side of the penile tube) (*fig. 2*). **Silicone oil must not be used as it will damage the rings.**

3. Next, hold the penile tube with the lubricated entrance of the ring against the tip of the penis and start pumping slowly by sliding the outer cuff of the penile tube back and forth. **Please take care not to pump too fast as this may bruise or cause a rupture of the blood vessels immediately below the surface of the skin.**

Initially you will have to do up to 15 full strokes. This will smoothly pull the penis through the ring and into the tube. (You need to do full strokes for maximum efficiency and silent operation) (*fig. 3*).

4. Once the penis has been pulled into the tube, the tube may be firmly pressed against the body. Stop pumping and wait for a full erection to develop.

5. Depending on the initial state of the erection, this will typically take between 30 seconds to 5 minutes.

If a full erection has not developed in 5 minutes a few extra pumping strokes may be required.

6. When a satisfactory erection has been developed the pump may be released by gently squeezing down on the ring, thereby instantly releasing the vacuum. The tube may then be removed, leaving the ring at the base of the penis to maintain the erection.

7. With the ring in place a lasting erection should now be maintained and sexual intercourse can be accomplished.

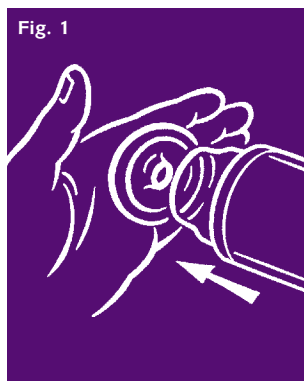
NOTE: If a condom is to be worn, it should be put on as a last step. Do not wear a condom during the vacuum process. The rings are not a contraceptive or method of birth control.

8. If the penis becomes soft within 5 minutes you need to use a smaller size ring. Work your way down the sizes until you find a ring that is comfortably tight but no tighter than necessary.

9. If more rigidity is required after some use in intercourse, further pumping may be resumed without removing the ring.

Caution - the ring must not be left in place for more than 30 minutes.

Before removing the ring it is recommended that the penis be squeezed firmly for about 10 seconds to reduce the blood pressure in the penis in order to ease removal of the ring. To remove the ring, firmly grip with both hands on the outside rim and then gently pull it away from the body and off the penis (*fig. 4*).



These instructions are intended as a guide only. Full instructions and precautions are supplied with the Rapport Premier. Rapport Premier must not be used without first consulting your medical adviser.

IMPORTANT SAFETY NOTE:

The penis will stay erect until the ring is removed. This **MUST** be done within 30 minutes. **NEVER WEAR THE RING FOR MORE THAN 30 MINUTES.** A break of at least 60 minutes must be taken between uses to allow for the blood supply to return fully to the penis.