

## PRECAUTIONS

For the Deep Cleansing, Exfoliation, Micro-current Stimulation and Skin Booster treatments, always keep the skin of the facial zone you are treating thoroughly moistened with tap water. Do not immerse the device in water or wash under a running tap. Keep out of the reach of children.

## CONTRAINDICATIONS

- Pathological facial conditions
  - Pacemakers or heart complaints
  - Metal pins and plates
  - Neurological disorders including epilepsy or multiple sclerosis
  - Weak psycho-physical condition
  - Broken or bruised skin
  - Open sores or mucous membrane complaints
  - Skin conditions in an active state accompanied by inflammation, weeping or soreness
  - Large protruding atypical moles
  - Extreme sunburn
  - For external use only
- Consult your doctor before using Tua Spa if you have recently had a facial cosmetic procedure or chemical/acid peel.

### When in doubt, consult your doctor.

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## TREATMENT SELECTION GUIDELINES

Mode/ Treatment	Program/ Intensity Level	Treatment Time	Modulator Position	Frequency
<b>MICRO: Micro-current Stimulation</b> Boosts the rate of skin regeneration (cell turnover) which results in firmer skin; lines and wrinkles appear reduced.	1 – Beginner's/ sensitive skin	3 - 12 mins	2	Daily – morning or evening
	2 – Intermediate/ normal to sensitive skin			
	3 – Advanced/ normal skin			
<b>SONIC+MICRO: Skin Booster</b> Combines Micro-massage Induction and Micro-current Stimulation for a speedy lifting and reviving facial	Pre-set: Slow Continuous/ Level 2	3 mins	2	Special occasion/when skin needs a quick boost

### SIMPLE ROUTINE:

For all treatments, you can simply glide the modulator slowly all over your face and neck with upward and outward slow sweeping movements, gently lifting the skin as you go. To optimise the full effects of each treatment and enhance the results achieved, progress to the advanced protocols as detailed overleaf.

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## Tua Spa Deep Cleansing & Anti-Ageing System

Before using Tua Spa, read the Handbook found in the Tua Spa box carefully.

**IMPORTANT:** Please read 'Normal Sensations & Observations while using Tua Spa' on pages 36 - 37 of the Handbook.

The Handbook contains important information on safety, operation, maintenance and contraindications and precautions. Keep the Handbook safe for further reference.

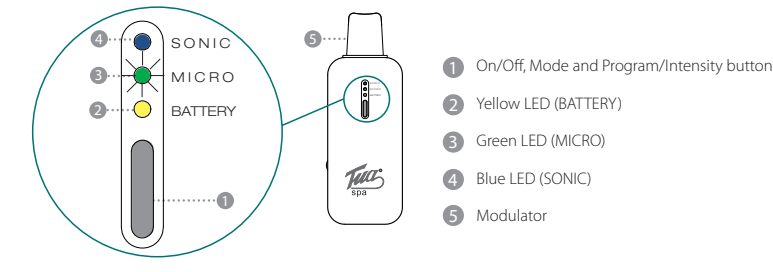
### THESE INSTRUCTIONS MUST BE CONSIDERED A QUICK REFERENCE GUIDE ONLY.

This device must only be used for the purposes for which it was designed, namely as a beauty treatment tool for professional use and as an at-home beauty tool for consumer use for ultrasonic cleansing, exfoliation, massage, and micro-current and sonic+micro stimulation of the face and neck. All other uses shall be deemed improper. The manufacturer disclaims all liability for any damage or injury caused by improper, wrong and unreasonable use.

**Attention!** Tua Spa contains a Lithium-ion polymer battery. Charge it fully (5 hours) before initial use and then subsequently recharge when required following the instructions on page 38 of the Handbook.

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## USING TUA SPA



### How to select the performance modes

**SONIC**  
The SONIC mode consists of 4 ultrasonic programs: **Slow Continuous, Fast Continuous, Slow Intermittent** and **Fast Intermittent**. Press the button (1) down for at least 3 seconds until you hear a beep confirming that Tua Spa is switched on. **SONIC** mode is automatically selected first on switching on the device. The Blue LED (4) will light up at low luminosity.

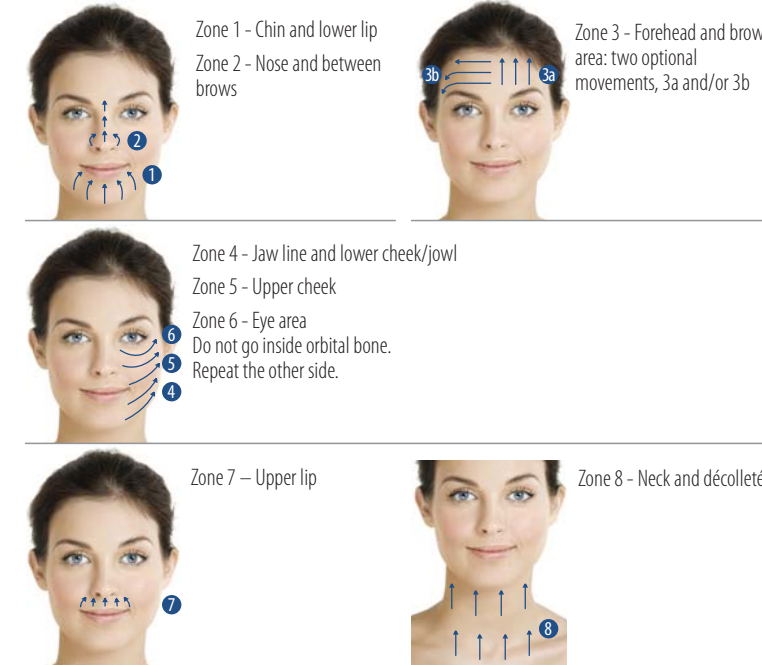
Wait 5 seconds until you hear 2 quick beeps and the device will automatically start with the **Slow Continuous** program.

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## TREATMENT PROTOCOLS

### SONIC: Deep Cleansing & Exfoliation

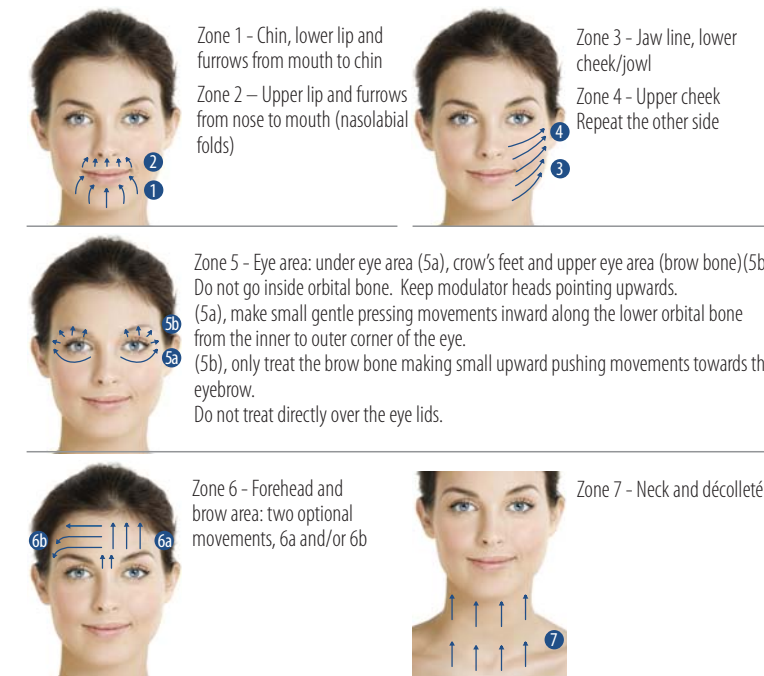
Follow the direction of the arrows from Zones 1 to 8 as instructed below.



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### SONIC: Micro-massage Induction

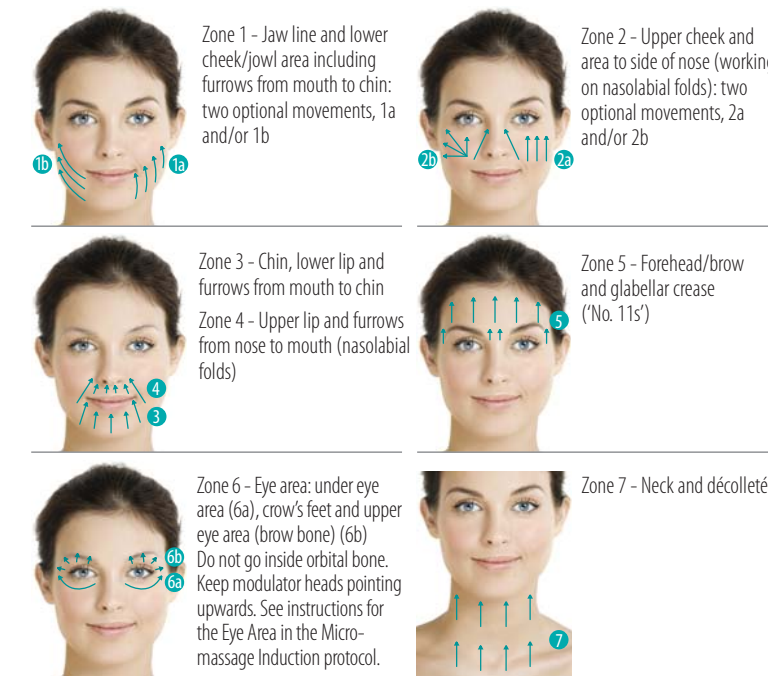
Follow the direction of the arrows from Zones 1 to 7 as instructed below.



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### MICRO: Micro-current Stimulation/SONIC+MICRO: Skin Booster

Follow the direction of the arrows from Zones 1 to 7 as instructed below.



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**Tua**® spa

Deep Cleansing  
& Anti-Ageing System

## QUICK START GUIDE



Designed by professionals • Used by celebrity facialists

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To select the other **SONIC** programs:

After the 2 quick beeps –

Press the button once for the **Fast Continuous** program. The Blue LED will light up at high luminosity.

Press the button twice for the **Slow Intermittent** program. The Blue LED will flash at low luminosity.

Press the button three times for the **Fast Intermittent** program. The Blue LED will flash at high luminosity.

### MICRO

The **MICRO** mode has 3 Intensity Levels: 1, 2 and 3.

Press the button (1) down for at least 3 seconds until you hear a beep confirming that the device is switched on and is in **SONIC** mode (automatic).

Press the button again promptly for **MICRO** mode. The Green LED (3) will light up and flash slowly.

Wait 5 seconds until you hear 2 quick beeps and the device will automatically start at **Intensity Level 1**.

To select the other intensity levels:

After the 2 quick beeps (in **MICRO** mode) –

Press the button once for **Intensity Level 2**. The Green LED will flash at medium speed.

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Press the button twice for **Intensity Level 3**. The Green LED will flash quickly.

You can increase the Intensity Level at any time during the program by pressing the button up to Level 2 or Level 3, or press it again to go back to Level 1.

### SONIC+MICRO

The **SONIC+MICRO** mode is an exclusive combination of the **SONIC** and **MICRO** modes and has one pre-set optimised program.

Press the button (1) down for at least 3 seconds until you hear a beep confirming that the device is switched on and in **SONIC** mode (automatic).

Press the button twice promptly to reach **SONIC+MICRO** mode. The Blue (4) and Green (3) LEDs will light up together.

Wait 5 seconds until you hear 2 quick beeps and the device will automatically start the program.

Each program has a maximum duration of 12 minutes. Please see 'Treatment Selection Guidelines' table (pages 6-7) for our recommended treatment times. The end of each program is signalled by a long beep after which Tua Spa switches off automatically.

You can switch off Tua Spa at any time during the program by pressing down the button (1) for about 3 seconds.

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## HOW TO USE THE MODULATOR

Position 1:  
Place the modulator on your skin with the two tips facing downwards and touching your skin.

There should be sufficient light pressure applied to gently push the skin in front of the modulator as you move it forward.

Position 2:  
Place the flat side of the modulator (ie the opposite side from Position 1) on your skin and rest it there gently.

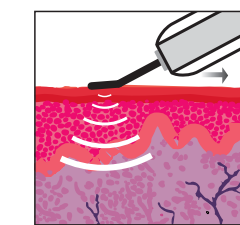
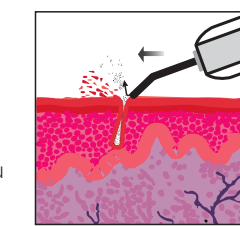
Again, there should be sufficient light pressure applied to push the skin gently in front of the modulator as you move the modulator forward and lift the skin as you move the modulator upward on the face or neck.

### Use of tap water and/or skincare products

**IMPORTANT:** Before treating each facial zone, ensure it is thoroughly moistened with tap water and keep the zone moistened throughout its treatment.

The exception is the Micro-massage Induction treatment when you use your favourite skincare products, including serums and moisturisers; preferably applied to damp skin.

Please see page 35 of the Handbook for recommended products to use with Tua Spa.



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## TREATMENT SELECTION GUIDELINES

Mode/ Treatment	Program/ Intensity Level	Treatment Time	Modulator Position	Frequency
<b>SONIC: Deep Cleansing &amp; Exfoliation</b> Deep cleanses by ultrasonic hydro pore washing and exfoliates by gentle ultrasonic peeling	Fast Continuous (normal skin)	2 - 3 mins	1	Daily – morning or evening OR 2 – 3 times a week (recommended for sensitive skin)
	Fast Intermittent (sensitive skin)			
<b>SONIC: Micro-massage Induction</b> Micro-massages facial products into your skin enhancing hydration, plumpness and skin colour	Slow Continuous (normal skin)	2 - 3 mins	2	Daily – morning or evening with day/night time skincare products
	Slow Intermittent (sensitive skin)			

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