

CEFAR FEMINA – For the modern woman, BEFORE, DURING and AFTER birth!

It becomes more natural for the modern women of today to take an active part in influencing her own individual situation. CEFAR FEMINA provides a method for pain relief during birth, without any side effects. It does not affect the mother or the expected child. Except for being the natural choice of pain relief during birth, the CEFAR FEMINA provides solutions for every day problems during and after pregnancy such as, swollen feet, neck- and shoulder ache or loss of muscular elasticity. CEFAR FEMINA is a two channel stimulator with five preset programs.



Backlight

The new CEFAR FEMINA is equipped with backlight which has been a request by many users. A larger display in combination with backlight makes it easier to see and read the display on the CEFAR FEMINA, even if the surrounding light is insufficient.

Self check

To increase the level of security for the user, CEFAR FEMINA is equipped with an automatic self check. If there is something wrong in the PCB (printed circuit board) connections, the stimulator will not be possible to use. An error sign will be shown in the display, and service is needed.

Timer

The preset treatment time for program 2-5 is set to 30 minutes. You have the option to change the timing individually up to 60 minutes. If there is no preset timing (program 1), the stimulation will go on until you stop the stimulation manually.

Key lock

A key lock is automatically activated if no button is pressed for 10 seconds. This to prevent unintentional changes of the amplitude during stimulation.

Program pause

Whenever you desire you can push the P button during stimulation and pause the program. If a program is paused for more than five minutes the stimulator turns off automatically.

Program guide

Extensive information regarding when to use what program is now added to the users manual. Here you can get information about the different stimulation forms, example of indications and also find electrode placement pictures of all the suggested treatments.

Technical Specifications:

Channels.....	2 Simultaneous
Constant current	to a resistance of 1500hm
Max amplitude.....	60mA per channel
Max pulsewidth.....	300us
Max frequency.....	80 Hz
Waveforme.....	Symmetric biphasic 100% compensated
Preset programs.....	5
Timer.....	0-60 min
Size.....	120x50x30mm

Preset programs:

P1: PAIN RELIEF DURING CHILDBIRTH.

80 Hz Conventional, 180 µs

This program is aimed for use during childbirth. By using the hand switch it is possible to better control the pain. By pressing the button, you switch between Basic stimulation (between contractions) and Intensive stimulation (during contractions).

P2: PAIN RELIEF FOR BACK, NECK AND PELVIS.

80 Hz Pulsewidth modulation 2 sec. 70-180 µs

During pregnancy it's very common with pain in the back-pelvis or the neck-shoulder region. This is due to the increased body weight but also to hormone changes. In this important stage of life CEFAR FEMINA offer pain relief without side effects.

P3: MESSAGE FOR BACK AND NECK

5-15Hz 3 sec Frequency modulation 3 sec, 250 µs

Enables a very effective decontraction of the muscles due to the comfortable vibrations that increase the circulation and helps the muscles to relax.

P4: MESSAGE FOR TIRED/SWOLLEN FEET/LEGS

5Hz Pulsewidth modulation 5 sec 150-300 µs

Use this program to relieve tired and swollen legs. The stimulation produces a muscular pumping effect that increases the circulation and promotes removal of excessive fluid.

P5: BACK TO SHAPE.

EMS Freq modulation 50-70Hz, 250µs. Work: 6 sec / Active rest 4Hz: 14 sec.

After birth many women discover a change in muscular elasticity. Especially in the muscles around the abdomen, hips and thighs. This program creates muscular contraction in order to regain the elasticity in your muscles.



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